

PRESBYTERIAN CHURCH IN CAMEROON

Office of the MODERATOR



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To all Congregations,
To all Christians,
To all Institutions
Dear brothers and sisters,

I AM THE LORD WHO HEALS YOU

Grace and peace from the Lord our healer whose comfort is found in scripture and of his Son Jesus Christ, the great physician by whose stripes we are healed and from the Holy Spirit, who strengthens us within to rest in the heavenly peace of the Father. Our hope is in the Lord who says, **"...I will not bring on you any of the diseases I brought on the Egyptians, for I am the Lord, who heals you" (Ex. 15:26).**

The Corona Virus (Covid 19) is another example of how helpless and finite we are as human beings. The onslaught of this pandemic exposes the limitation of human sciences and technology. We have to Wake Up and look up to God We have to Watch and Pray for God to intervene. Therefore, let us look up to God, the ultimate source of our existence. Let us amend our lifestyles, purify our hearts-the place of true healing, love and care for one another as a collective effort in times of crisis.

The physical measures put in place by the World Health Organization (WHO) and the Government of Cameroon could be part of God's general plan to heal his people. In this light, let us follow them comprehensively but **NEVER COMPROMISING THE WORSHIP OF GOD, THE ESSENCE OF FAITH AND THE MISSION OF THE CHURCH.** Worship is divine, faith is a mystery and Christian life has eternal values that assist our physical being.

Let us take note of the following:

1. Worship God in psalms, hymns and spiritual songs at home, in small groups and in the church. Let the number of worshippers never go above 50 persons at a time. During such gatherings, observe all practical hygienic and medical precautions such as: avoiding handshakes, place hand sanitizers at all worship places etc.
2. Worship God in prayers, meditations and intercession using God-given modern-technology such as: video live streaming, social, print and other traditional media.

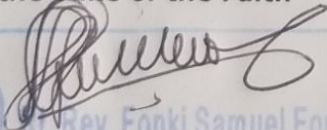
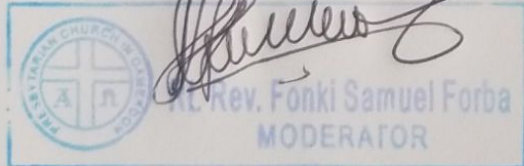
Weekly fellowships and Choir practices should be reorganized at home and in the church compound. Make sure that not more than 50 people are found in the church premises at the same.

3. Doctrine classes, retreats, and other devotional services should be restructured. Weddings are suspended. No wake-keep with a corpse in the church house.
4. Sessions, projects, finance and other organizational planning meetings be restructured in a way that not more than 50 persons are in the church compound at the same time.
5. Rallies and come-togethers are suspended indefinitely.
6. Medical institutions should continue medical operations strictly following medical precautions. They should provide hand sanitizers, face mask and others. Eventual cases of Covid 19 symptoms should be handled and handed discretely to treatment centers without much alarm as it may have an overall effect on the medical operations.
7. All schools are closed till further notice.
8. Workers of our institutions should continue work as long as such work places do not bring more than 50 persons together at once.
9. Inactivity means little or no expenditure. Stop any new and huge expenses while we observe the trends of financial flow.
10. Wake Up; Watch Out and Pray continually (2 Thess. 5: 16-18; Psalm 91)!
11. WHO prescribed health precautions include:
 - Avoid hand shakes
 - Wash hand frequently / apply hand sanitizers
 - Don't touch your face
 - Stay home and stay home if you are feeling sick
 - Cover your mouth when sneezing
 - Wear face mask

Finally, brethren,

"For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord" (Rom. 8: 38-39).

Yours for the Sake of the Faith



Rev. Fonki Samuel Forba
MODERATOR

CC:-The Synod Clerk, PCC

- The Financial Secretary, PCC
- The Secretary, Committee of the Ministry, PCC
- All Exco Members
- The Communication Secretary, PCC